



Junior Leadership Dayton

50 high school juniors deepened their understanding of area needs, community leaders, and their own leadership development through service projects and activities with local professionals and officials. They engaged in community service and area projects such as supporting STEM education, volunteering at the food bank, nursing home visits, and much more. Wright State University awards each of the JLD graduates three college credits and a \$500 scholarship to the Raj Soin College of Business at Wright State University for their dedicated efforts.

Safety Around Water

This program teaches children of all ages and from all backgrounds that water should be fun, not feared, as long as you know how to stay safe in and around water. The program provided water safety instruction to Miami Valley kids and their families with over 1,660 children in grades K-6 at nine locations throughout the association. SAW (Safety Around Water) introduced students to basic swim skills, water safety, and lifesaving skills. In 2017, we partnered with the city of Dayton and offered the program at 2 additional sites. The program is funded by Dayton Freight.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Y Leaders

YMCA Leaders Club is a nation-wide community service based program that helps teens discover their full potential as leaders. It is a safe place where teens from all over the area can come and simply be themselves. Our goal is to challenge teens to serve the community, grow in who they are, and lead those around them. We currently have the Y Leaders program at Kleptz and Preble County serving 25 teens.

Power Scholars Academy

The YMCA, BELL, and Huber Heights City Schools worked in collaboration to provide more than 85 students with an engaging, enriching, and meaningful summertime experience. The partnership provided families, students, teachers, and administrators of the program with multiple opportunities to grow and work together towards a common goal: **transforming the academic achievements, self-confidence, and life trajectories of children living in under-resourced communities.** 100% of families reported that their student enjoyed the Power Scholars Academy and would recommend the Power Scholars Academy to another family.



Teens in Action/Mentors Matter

Teens in Action is a YMCA service-learning day camp for teens ages 13-16. The teens participated in summer fun with various community service projects throughout the Dayton area. Activities included team-building games, leadership activities, swimming, field trips, and serving in Dayton and the surrounding communities. Our teens also participated in the Mentors Matter program where they connected with area professionals twice a week to participate in asset-building activities, bond with their mentors, and develop self confidence and real world skills.

Education Center of Excellence

With funding from the United Way and Montgomery County, the YMCA is rethinking the ways in which we understand and support each child's development, especially in Dayton's urban core. Our goal is to drastically improve quality by supporting teachers and parents with meaningful assessments, curriculum, interventions, and resources. Every child can succeed with the love and support of parents and teachers. The YMCA is working diligently to create a holistic model for education and develop the strategies to brighten the future of our communities, families, and most of all students.



Youth and Government

Youth and Government™ is a national program of the Y that involves thousands of teens nationwide in state-organized, model-government programs. Teens from across every state meet in their local Youth and Government™ groups throughout the year to discuss and debate issues that affect citizens of their state and to propose legislation. The program culminates with teens serving as delegates at their state conference, debating bills on the floor of the legislature. In November, youth grades 6th to 8th participate in the state conference.

7th and 8th Grade Membership

The YMCA provided summer membership to all 7th and 8th graders in all our Greater Dayton branches. The program provided 379 teens with engagement opportunities with staff lead activities designed for this age group. The group worked on five specific goals: 7th and 8th grade membership **MENTOR** teens to connect to positive role models, **ENGAGE** teens in activities they are interested in, and they assist in planning, **INSPIRE** teens to grow and serve, **EMPOWER** teens to make good decisions and serve at our branch and **SERVE** the YMCA and Community.



YMCA OF GREATER DAYTON

IMPACTING
OUR COMMUNITY

www.daytonymca.org

YMCA Diabetes Prevention

In a classroom setting, a trained lifestyle coach will help you change your lifestyle by learning about healthy eating, physical activity, and other behavior changes over the course of a year, attending 25 one-hour sessions. Over the past six years over 1400 participants have taken advantage of this program and improved their numbers and overall health. Participants lost on average 6% if their body weight within a year.



YMCA Camp Kern Summer Camp

YMCA Camp Kern serves 2,000 campers every year, with more than 250 receiving financial assistance so they can enjoy a meaningful camp experience, where we focus on positive role models, challenging campers and learning new skills, all while having fun and making friends that will last a lifetime. Our fundraising efforts allow us to offer our Trailblazers Summer Camp, providing Summer camp experiences tailored specifically to 60 campers with developmental disabilities. We are proud to be continuing our mission of never turning away a child for an inability to pay, and look forward to serving more campers than ever next summer.

Early Learning Program

Serving over 400 children under the age of five at eight different locations. Early childhood education and learning programs make sure that children learn the skills needed to be successful in school. Our centers provide a warm, caring, and fun environment that stimulates their natural curiosity and encourages personal expression. Children develop communication, reasoning and problem-solving skills through play, interaction with other children, and exploration of their environment. We are proud to have several of our programs receive star ratings through the Ohio Quality Rating System.



Youth Training & Fitness Program

Children in our YMCA Summer Camp Programs located at St. Anthony, Grace, and Trotwood, participated at the Youth Training Center. Children participated in activities two times per week. Activities included weekly swim lessons, sports such as soccer, and biking, and nutritional education (which included a teaching garden for healthy eating and strength training education). By the end of the 8-week program 87% of the children were water safe. Our partners include: OSU Extension Services, Shoes for the Shoeless, City of Trotwood, and Sister of the Precious Blood.



Summer Day Camp

Day Camp provides an exciting setting for 1,100 children to explore the outdoors. Children who attend will participate in art, sporting, nature, academic enrichment, and character development activities. Through a partnership with local libraries all campers participated in the library summer reading program and read for 15 minutes per day. Additionally, campers work together in many activities which lead to the development of teamwork skills, leadership skills, and lifelong friendships. In addition, campers gain an understanding of the YMCAs character development values of Caring, Honesty, Respect, and Responsibility. Day Camps offered through the YMCA of Greater Dayton are certified through the American Camping Association.

After School Enrichment Program

Giving children a safe place to go after school; the YMCA of Greater Dayton serves over 1,100 children in grades kindergarten to sixth at 42 locations throughout Greene, Montgomery, Warren, Preble, and Clinton Counties. Utilizing Cincy After School Curriculum, KidzLit, KidzMath, and CATCH curriculum children have the opportunity to strengthen academic skills, make friends and have fun.



Live Strong

Cancer survivors participate in free customized exercise regimens catered to their individual needs from certified fitness instructors. They receive two 1½ hour sessions for 12 weeks. The instructors are trained in cancer survivorship, post-rehabilitation exercise, and supportive cancer care. Survivors receive a membership at the YMCA for the duration of the program. We served individuals at the Coffman, Kleptz, Preble, South, West Carrollton, and Xenia branches.



Neighborhood Schools

The YMCA is the program partner at Cleveland Elementary PK-6 and Edison Elementary PK-6 Neighborhood Schools. The YMCA has a full time staff to collaborate programs and partners to enrich the environment of the neighborhood and school. We broker partners to provide services, supplies, activities, and events to increase community involvement and support. Examples include back pack Fridays, reading buddies, girl scouts, attendance incentives, community gardens, and family engagement, along with college experience.

Food Program

Support from the Y-USA, Wal-Mart Foundation, USDA Food Program, Dayton Food Bank, and Dayton COOKS we were able to provide nutritious meals to area youth. We served over 200,000 meals and snacks to children at 35 locations throughout Greene and Montgomery County serving over 3,000 smiling faces.



Rock Steady

Rock Steady Boxing provides a uniquely effective form of physical exercise to people who are living with Parkinson's and is proving to dramatically improve the ability of people with Parkinson's to live independent lives. This program is being offered at the Downtown YMCA and currently running four to seven classes at PD1 or PD2 levels.



21st Century School

In partnership with Dayton Public School and Building Educated Leaders for Life, the YMCA of Greater Dayton is providing after school programming for more than 70 students in grades K-4. The program has a dedicated team of educators who provide meaningful and impactful learning. Last year, 86% of at-risk students (all students in the program) grew their abilities in literacy and 85% grew in mathematic proficiency. Among the many honors that the program received, a visit from the Edna McConnel Clark Foundation from NY, NY stood out. The success of the students, educators, and the program continues to grow as we move

Summer Learning Loss Prevention Program

During the summer, children at St. Anthony YMCA; grades K-6 participated in a six-week program that focused on reading, writing, comprehension, and literacy enrichment. Students participating in the program grew approximately one month on average in reading and early literacy skills, in addition to negating the summer slide effect (decrease of 2 months). The parents all agreed that the program helped improve their children's reading skills.

